Are you looking after someone with dementia?

If you are caring for, or know a person with a form of dementia, live in Lewes, the surrounding rural area or along the coastal strip between East Dean and Saltdean, we would really like to hear from you.

Our projects can offer support, information and put you in touch with services in the area.

Contact us:

For Lewes and the rural area: Vicky Hill, Outreach Worker, Alzheimer's Society
T: 0787 267 5161
E: LewesVillagesOutreach@alzheimers.org.uk

For the coastal strip: Heidi Edwards, Outreach Worker, Alzheimer's Society
T: 07967 6450 58
T Eastbourne office 01323 727127
E: h.edwards.alzheimers@btconnect.com

Sarah Day, Development Officer, Action in Rural Sussex
E: sarah.day@ruralsussex.org.uk

Alzheimer's Society Dementia Helpline 0845 300 0336
Monday to Friday (8.30am – 6.30pm)

Lewes Dementia Carers Support Service is a partnership project between Action in rural Sussex and Alzheimer's Society, funded by East Sussex County Council.

The Lewes project works to support health and wellbeing initiatives in all of the rural Parishes and villages in the Lewes District.

Action in rural Sussex (AirS) is a registered charity working throughout Sussex to respond to the needs of rural communities – providing practical support and helping villages to remain vibrant living and working places.

The Alzheimer's Society is the UK's leading care and research charity for people with dementia, their families and carers.

The Outreach services offer information, advice and support to people with dementia and their carers in a variety of ways that aims to enhance the lives of individuals and their families.

Jointly funded by East Sussex County Council and the Alzheimer's Society.

Action in rural Sussex: Registered charity no. 1035401.
Alzheimer's Society: Registered charity no. 296645. A company limited by guarantee and registered in England no. 2115499.